



Spin Your Own Axis

Butter & Jelly Oatmeal Bowl

Here, the comforting flavors of raspberry and oatmeal are combined to create a breakfast you'll want to get up for. Meticulously planned ingredients like peanut butter and jelly with little mini morsel chocolate chips, granola sprinkled with chia seeds together they for a myriad of ingredients to help you create a *tasty.balanced.fast.*



- **Prep Time:** 10 minutes
- **Cook Time:** 5 minutes
- **Total Time:** 15 minutes
- **Serving:** 1

Ingredients

- 40g Organic Oatmeal
- 1 cup Almond Milk
- 22g Fruit and Seed Organic Granola
- 10g Pure Protein Powder Churro Flavor
- 30g Fresh Raspberry Preserves (Jelly)
- 16g Organic Crunch Unsalted Peanut butter
- 50g blueberries

Instructions

1. Prepare 1 cup milk, add 40g of oatmeal and cook. (depending on preference you will eye consistency. I personally love oatmeal a bit more watery)
2. Once oatmeal is cooked, begin to add your side of raspberry, peanut butter, chocolate chip, blueberries.
3. & that's it guys! Enjoy, savor and share your dishes by tagging us on Instagram or Snapchat!

Nutrition Facts

- **Serving Size:** 1/5
- **Calories:** 597
- **Carbohydrates:** 55g
- **Sodium:** 1019mg
- **Fat:** 22g
- **Sugar:** 3g
- **Protein:** 46g
- **Iron:** 5%
- **Fiber:** 8g